

# Meet jack & annie's™

## classic jack meatballs

OUR BEST  
new!  
RECIPE YET



**WHOLE PLANT MEATS. WHOLE LOTTA MENU IDEAS.**



Our classic jack meatballs are great on skewers with grilled vegetables, tucked into a soft bun, or with spaghetti. They're perfectly seasoned, tender, and easy to intuitively roll into dishes, new or newly imagined, that your customers will love.



Delicious whole-plant meat alternative



Authentic Italian flavor with our signature blend of spices



Good source of protein from plants



29% less fat than Italian meatballs



6g good source of fiber



Non-GMO



Vegan



Jackfruit is the first ingredient (not water)



Sustainably sourced from wild Jackfruit trees



### PRODUCT SPECS

**INGREDIENTS:** JACKFRUIT, WATER, SOY FLOUR, CANOLA OIL, ONION, 2% OR LESS OF: SPICES, ONION POWDER, GARLIC POWDER, SEA SALT, METHYLCELLULOSE (PLANT FIBER), YEAST EXTRACT, NATURAL FLAVORS, FRUIT AND VEGETABLE JUICE (FOR COLOR)

Product comes frozen

Unit UPC	Case UPC	Unit Weight	Pack Size	Net Case Weight	Gross Case Weight
8 5980600313 1	10859806003138	2.5lbs	4 x 2.5lb bags	10 lbs	11 lbs

For recipes and product specs: [www.jackandannies.com/foodservice](http://www.jackandannies.com/foodservice) or e-mail us at [foodservice@jackandannies.com](mailto:foodservice@jackandannies.com) or [chriss@jackandannies.com](mailto:chriss@jackandannies.com)

**Our #1 ingredient is sustainable, regenerative, delicious, and nutritious. Jackfruit is here to change the world.**



## More Good Things:

- Jackfruit is grown on a tree not in a test tube.
- Jackfruit has 87% less global warming potential than pork and 94% less than beef!\*
- Young jackfruit is a plant that looks and eats just like meat.
- Jackfruit has a neutral flavor that makes it easy to season or marinade.
- With no off flavors, jackfruit is the perfect meat alternative.

\*Source: Life Cycle Analysis 2022

**classic**  
**jack meatballs**

### Nutrition Facts

Serving Size (#) 3 Meatballs  
Serving Size (g) 82

Amount Per Serving  
**Calories 210**

		% Daily Value*
<b>Total Fat</b> (g)	14	<b>18%</b>
Saturated Fat (g)	1.5	8%
Trans Fat (g)	0	0%
<b>Cholesterol</b> (mg)	0	<b>0%</b>
<b>Sodium</b> (mg)	420	<b>18%</b>
<b>Total Carb</b> (g)	12	<b>4%</b>
Dietary Fiber (g)	6	21%
Total Sugars (g)	1	
Added Sugars (g)	0	0%
<b>Protein</b> (g)	8	<b>16%</b>
Vitamin D (mcg)	0	0%
Calcium (mg)	70	6%
Iron (mg)	1.7	10%
Potassium (mg)	420	8%

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**Ready to try it yourself? Contact:**  
**chriss@jackandannies.com**

**jackandannies.com**

