

WHOLE PLANT MEATS. WHOLE LOTTA MENU IDEAS!



JACKFRUIT, WATER, SOY FLOUR, WHITE ONION, COCONUT OIL, CANOLA OIL, NATURAL FLAVOR, ROASTED GARLIC, LESS THAN 2% OF: SALT, SPICES, ONION POWDER, METHYLCELLULOSE (PLANT FIBER), FRUIT AND VEGETABLE JUICE (COLOR)

Product comes frozen

For more information or samples: www.jackandannies.com/foodservice or email us at foodservice@jackandannies.com

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Our #1 ingredient is sustainable, regenerative, delicious, and nutritious. Jackfruit is here to change the world.



More Good Things:

- Jackfruit is grown on a tree not in a test tube.
- Jackfruit has 87% less global warming potential than pork and 94% less than beef!*
- Young jackfruit is a plant that looks and eats just like meat.
- Jackfruit has a neutral flavor that makes it easy to season or marinade.
- With no off flavors, jackfruit is the perfect meat alternative.

*Source: Life Cycle Analysis 2022



Autrition Facts 46 servings per container Serving Size 1 patty (100g)
Calories 150
% Daily Value*
Total Fat 9g 12%
Saturated Fat 5g 25%
Trans Fat Og
Cholesterol Omg 0%
Sodium 760mg 33%
Total Carbohydrate 12g 4%
Dietary Fiber 6g 21%
Total Sugars 2g
Includes Og Added Sugars 0%
Protein 8g 16%
Vitamin D Omcg 0%
Calcium 60mg 4%
Iron 1.6mg 8%
Potassium 530mg 10%
 The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
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Ready to try it yourself? Contact: chriss@jackandannies.com

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